

Deer Park Institute Rules and Regulations

In order to ensure that all our guests can have a contemplative atmosphere for their study and a safe and healthy environment for their stay, we request all our guests to read the following rules carefully and sign on the agreement, as a token of their voluntary acceptance of the entire agreement. Deer Park Institute reserves the complete right to request any guest who violates the following rules to leave the premises immediately, without any obligation to compensate such guest.

Accommodation in Deer Park is reserved only for students who enrol for any program/ guests and such accommodation shall be available to such a student/ guest only for a maximum duration of stay in one stretch for the duration of the course concerned and in no circumstances can such a stay exceed 30 days, unless the duration of such a course is longer than this period of 30 days. The entry and stay of any such student/ guest is subject to the policy of Deer Park Institute and shall be at the discretion of the Management of Deer Park Institute.

Certain areas of the Deer Park campus have been demarcated as out of bounds for visitors, students and guests. These areas are clearly marked by “No Entry” signs. All visitors, students and guests are expected to respect these boundaries.

The Deer Park Code:

1. Always be of help to others. At least do no harm to any other person, living being, animal or plant.
2. Respect others' property. Do not take what has not been freely given to you.
3. Be mindful of your thoughts, words, and actions. Lies, gossip, frivolous, or divisive speech can hurt and create long-lasting distress and suffering to the victims.
4. In aspiring to make our campus non-discriminatory, gender equal, and respectful to all communities, including the LGBT, and other minorities, strive to be extra mindful about sexual comments, or behavior that may amount to sexual harassment or misconduct.
5. In order to create a calm and contemplative environment that is conducive to meditation and “mind training”, we do not permit the drinking or smoking of any intoxicants in both the campus and guest room

General Rules:

1. In order to maintain the quality of teachings, all students must follow the course rules and the course timings.
2. All students are requested to conserve energy and other natural resources in the Institute.
3. We have a system of waste management. All students and visitors are expected to follow Deer Park waste segregation policy posted in dining hall and guest room.
4. No impoliteness or discrimination towards any of the faculty members, other guests, visitors or staff.
5. Deer Park equipment may not be used without prior permission.
6. All students must follow Deer Park Library Rules and maintain the condition of the books if they wish to read or check out books from the library. All books borrowed by students/guests must be returned within the time stipulated. Failure to do so would make the student/guest liable to pay a nominal surcharge for each book per day kept beyond the stipulated time. And would disentitle the student/guest from borrowing any other book until the entire surcharge has been paid.
7. Entrance to teaching halls, shrine rooms, or kitchen requires prior permission from the management. Any misuse of the facilities in Deer Park is strictly prohibited.
8. All students are requested to register for their meals at least three hours before each meal if they wish to dine in the Institute.
9. Our kitchen staff aims to prepare a wholesome, balanced menu with a variety of cuisine daily. However, we cannot accommodate special food preferences and requirements of each individual.
10. Any request made outside Office Hours will be attended to only on the following day, unless there is a medical emergency.
11. Deer Park does not have a residential doctor or medical facilities in the campus. Anyone with severe physical or mental illness must inform the office so the Institute can advise whether it is suitable for him or her to stay in Deer Park.
12. In case any student/ guest of Deer Park damages Deer Park equipment or other properties, the student/ guest shall be liable to pay a compensation or fee to Deer Park, the amount of which shall be at the discretion of the Deer Park Institute.
13. In order to respect the local tradition, students/guests should avoid wearing tight, transparent, or revealing clothes and should dress appropriately.
14. Please be mindful when using candles in the rooms.

15. Deer Park is not responsible for any loss of personal belongings, personal illness, injury or accidents that any student/ guest may suffer during their stay at Deer Park.

Guest Room Rules for residential students:

16. Deer Park guest rooms are only for students who are attending Deer Park programs or intending to have a short private retreat.

17. Due to restriction of electricity supplies, we cannot accommodate any electrical appliances such as hair dryers, or heaters, in the guest room.

18. Guest room furniture or beddings should not be removed from the guest room.

19. Any loud noise or disturbance of other residential student/guest is prohibited.

20. Inviting any outside guest to visit Deer Park campus after 7 pm requires a prior permission from the office during office hours. Outside guest staying overnight is strictly prohibited.

21. Guest room key should be returned to the reception before check out.

I, _____, have carefully read the above rules and regulations of Deer Park Institute and understood them completely. I voluntarily agree to follow these rules and regulations and accept the consequences of my failure to do so, which shall include vacating the Deer Park Institute in a peaceful and proper manner. I am aware that I am fully responsible for any loss of my personal properties/ belongings, I shall be entirely responsible for my health and/ or any injuries or accidents that I may suffer during my stay in Deer Park Institute and I will not hold Deer Park Institute liable for any such loss of my personal properties/ belongings, ill health and/ or any injuries or accidents that I may suffer during my stay in Deer Park Institute.

Signature: _____

[NAME & ADDRESS & CONTACT DETAILS OF PERSON IN CASE OF EMERGENCY: -----]

Place: Deer Park Institute, Bir.

Date: ____ (M)/ ____ (D)/ ____ (Y)